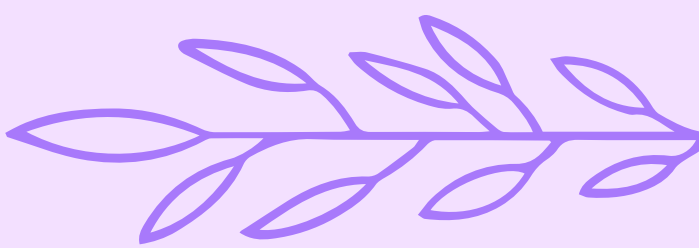
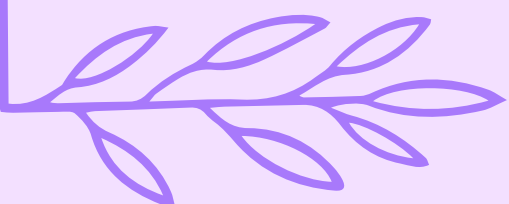
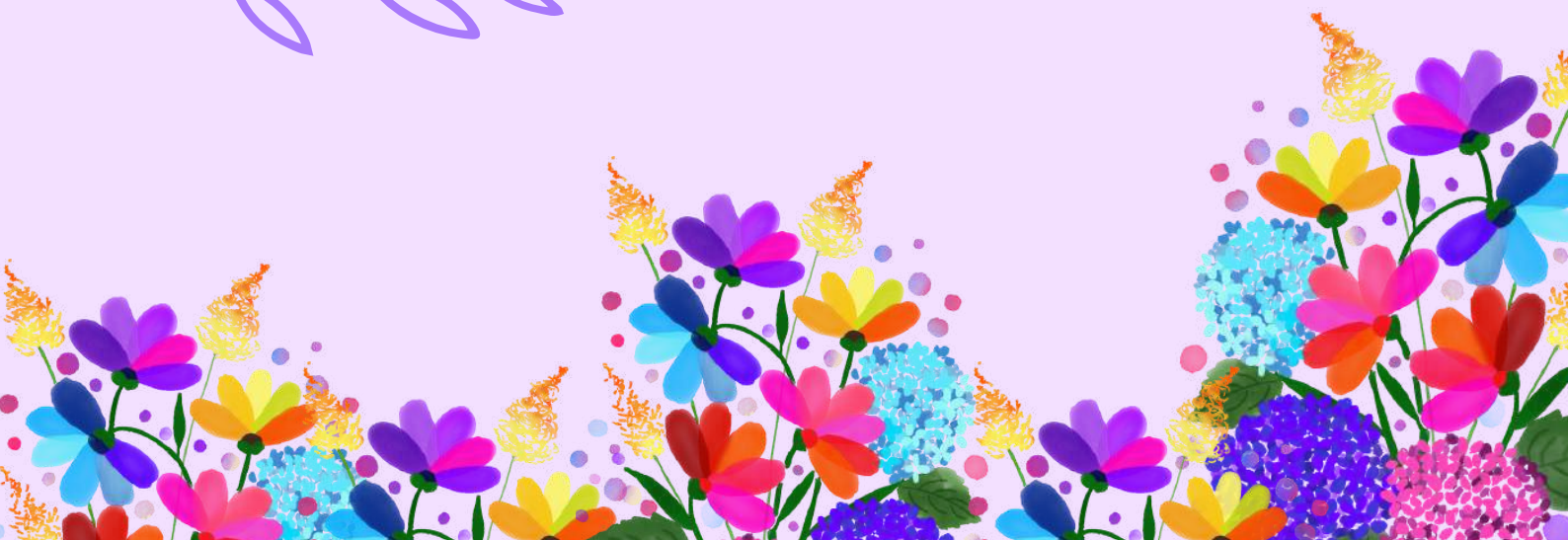


SPECTRA



Happy Teachers' Day



EDITORIAL

Dear Students, Parents, Teachers
and well wishers,



September has been a month full of learning, celebration, and participation. From Bagless Days and Language Week activities to Teachers' Day celebrations, competitions, and many joyful moments, our school has been vibrant with energy and enthusiasm.

As we are into the Half-Yearly Examinations, I hope every student has set clear goals, planned a study schedule, and is working steadily towards success. Remember that good health, a positive mindset, and emotional well-being are just as important as academic achievement.

Preparations for our Annual Day, tentatively scheduled for 28 November, are already underway. We are striving for 100% participation because these experiences create memories that students cherish for a lifetime. I request parents to encourage and support their children as they prepare for this special event.

With the vacation around the corner, take time to slow down, connect with family, and enjoy the simple pleasure of reading together. Books have a wonderful way of bringing families closer while opening doors to new worlds.

Wishing you all a restful break, Happy Reading,
and a very Happy Dussehra!

Warm regards,
Principal



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Letters from the Heart

Reflections on Raising Children -

When Exams Come, Let Us Not Lose the Child Behind the Marks

"An examination can measure what a child has learned. It cannot measure the whole child."

Dear Parents,

It is that time of the academic year again.

Books are being opened a little more seriously. Revision schedules are being made. Question papers are appearing on dining tables. The conversations at home slowly begin to revolve around chapters, tests, marks and examinations.

And somewhere in the middle of all this, I often wonder:

Are we preparing our children for the examination—or are we preparing them to be afraid of it?

Examinations are important. They teach children to prepare, organise themselves, persevere and face a challenge. There is nothing wrong with wanting our children to do well. But sometimes, without realising it, the examination becomes much bigger than the examination itself.

A child's mind begins to translate:

"I got low marks" into "I am not good enough."

"I made mistakes" into "I will never succeed."

"My friend scored more than me" into "I am behind everyone."

And sometimes the fear is not even about the question paper. It is about what will happen after the question paper.

"What will my parents say?"

"Will my teacher be disappointed?"

"What if everyone does better than me?"

"What if I don't get the marks I promised?"

These thoughts can become heavier than the syllabus itself.

So, during examination time, perhaps our children need something more from us than repeated reminders to study. They need an atmosphere in which they can prepare without feeling that their entire worth is being examined along with their answer sheet.

Parents, perhaps this is the time to change one question.

Instead of asking only: "How much did you study today?"

occasionally ask: "How are you feeling about your preparation?"

Instead of: "How much did you score?"

try: "What did you find difficult?"



Dr. Neelaveni Tanguturi
Homeopathic Doctor |
Counselling Psychologist |
Yoga Teacher with over two
decades of experience in
holistic health, emotional
well-being, and child
development
9966883044

Counselling Desk!

And after a disappointing result, before giving advice, perhaps simply say:

“Tell me what happened.”

Sometimes a child needs a little space to understand their own mistake before an adult explains it to them.

And dear children...

Please remember something. You are preparing for an examination. You are not preparing for a verdict on your life. A mark is information.

It can tell you what you know, what you need to revise, where you made mistakes and where you can improve. Use it. Learn from it. But don't turn it into a definition of yourself.

If Mathematics is difficult today, it does not mean you are incapable. If your friend is ahead of you, it does not mean your journey has ended. Your task is not to become someone else. Your task is to understand where you are and take the next step from there.

And please don't forget your body.

In the pressure to study more, sleep can become the first thing we sacrifice. Meals become irregular. Movement disappears. Screens extend late into the night. So take your breaks. Move your body. Eat properly. Sleep. Breathe. Talk to someone when your mind feels overloaded.



A Small Step This Month

For the next few weeks, let us create one “No-Marks Conversation” at home every day. Five or ten minutes.

No questions about: “How much did you study?” “How much did your friend score?”

“When are you going to finish the syllabus?”

Instead ask:

“What was one thing that went well today?”

“What was difficult today?”

“Is there anything you need help with?”

And sometimes, don't ask anything at all. Just sit together.

Because when the world outside is constantly asking a child to perform, home can be the place where the child remembers that they are loved simply for being who they are.

With warmth,

Dr. Neelaveni Tanguturi

Homeopathic Physician | Counselling Psychologist | Yoga Teacher

Founder – EduSattva

“Nurturing hearts of teachers, parents and students alike.”



Dr. Neelaveni Tanguturi
Homeopathic Doctor |
Counselling Psychologist |
Yoga Teacher with over two
decades of experience in
holistic health, emotional
well-being, and child
development
9966883044

ACHIEVEMENTS



Sri Aadhya of Class III-E participated in the JSK National Open Karate Championship and secured a bronze medal.



T. Jai Krishna of Grade 7A won the Winners Cup in the Kids' Doubles Badminton Tournament.



Divyanka Dash of Grade VIII has secured Second Place in an Art Competition held at Mirai, The School.



Mrs. Mamatha Kodati, our Telugu Teacher and HOD, was honoured by HSSC as a Best Teacher in recognition of her dedication, commitment and inspiring contribution to nurturing students. This well-deserved recognition celebrates her passion for teaching and her valuable contribution to the school community. Heartiest congratulations, Ma'am! Wishing you many more achievements ahead!



Tanvika of Grade 3D participated in the 80th Independence Day celebrations organised by the Telangana Kala Jagruti Foundation and the Indian Classical Dance Festival held at Shirdi, Maharashtra.

ACHIEVEMENTS



T. Satvik of Grade 8A won a gold medal in the Taekwondo Tournament organised by Unique Taekwondo Academy.



P. Yashwita of Grade 5C won a gold medal in the Karate competition conducted by the Japan Shotokan Do Federation.



Sakinala Harini from Grade 5C secured first place in KATA in the category of 9 years organised by Thammando Karate martial Arts Academy



Our school team participated in the SFG Zonal-Level Tournament-cum-Selections held at PNM School, Kukatpally, and proudly secured second place.

Team members: 1. Abhinav-9B, 2.M Jaswanth-9A, 3. Dhruv-9F, 4. Kshetragnya-9B, 5. Pranav-9B, 6. San Sreekar-9B, 7. Ram Charan-10C, 8. Sreyas-10C, 9. Sreekar-10C

Happy Teachers' Day



The celebration began with exciting games organized exclusively for the teachers. These fun-filled activities brought smiles, laughter, and a spirit of camaraderie among the staff, making the day enjoyable and refreshing for everyone.

Adding to the festive atmosphere, students showcased their talents through meaningful skits, energetic dance performances, and melodious songs. They not only entertained the audience but also conveyed heartfelt messages about the invaluable role of teachers in shaping young minds. The speeches delivered by students were another highlight of the celebration.

A unique experience was provided to the Grade 10 students, who stepped into the role of teachers and conducted classes for students across different grades. This opportunity helped them appreciate the dedication, responsibility, and effort involved in teaching.

Overall, the Teachers' Day celebration was engaging, emotional, and energetic.



Happy Teachers' Day

Teachers' Day Celebration @Primary Block



Self-Governance: Empowering Grade 10 Students





BaglessDay!



Grade 1



**CCA: GLOW IN TRADITION
(Diya decoration)**



Activity: Origami- Cap making



**Grade 1E
Activity: Aim and Knock**



**Grade-1B
Pass play and run**



Grade 1C- Sort the cups



**Grade 1A
Activity: Pass the ball**



**Grade: 1D
Brain Focus Activity**



BaglessDay!



Grade 2



CCA: Skill circuit race



**Grade 2E
Activity: Healthy salad**



Grade 2A-Pop the balloon



**Grade 2
Bouquet making**



Grade 2D: Drag and Drop



Grade 2C - Hit the bottle



Grade 2B: Duck walk



Grade 2E- Maze race





BaglessDay!



Grade 3



CCA: Stories in motion

Activity : Making paper bag



**Grade: 3A&F
Eagle Eye Challenge**

**Grade 3 C&E
Red light - Green light**

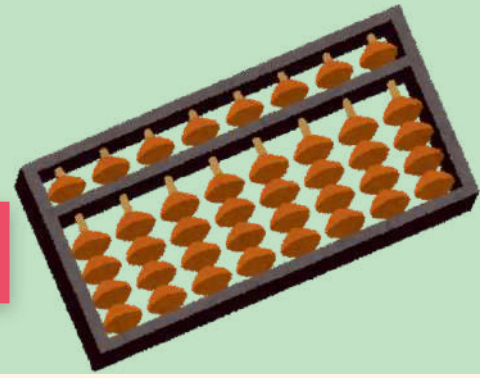


**Grade: 3B& D
Run in opposite direction**



**Bagless day for Grade 1,2 &3
ended with a dance**

ABACUS COMPETITION



AIM: Developing skills such as memory, concentration, attention, imagination, observation, judgement, and motor skills, while also encouraging speed and accuracy in mental calculations.

Our school conducted a Abacus Competition for students of Grades 3, 4, 5 and 6 on 19th September 2026.



The students participated at different levels according to their grades:

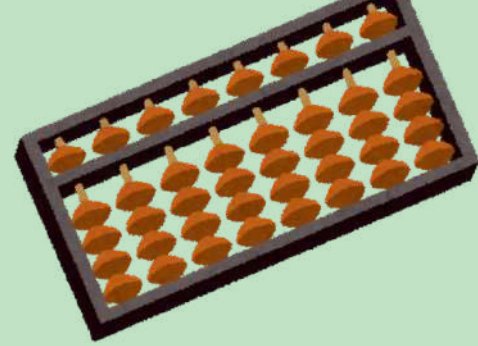
Grade 3: Basic Level

Grade 4: Level 2

Grades 5 & 6: Level 3

The event was a valuable learning experience for all the participants.

ABACUS COMPETITION



Grade-wise Winners

Grade-3

Position	Student Name	Section	Marks
1st	Hanvitha	3F	96
2nd	Priyanshi	3C	93
3rd	Omkar	3A	92
Consolation 1	Saanvika	3B	89
Consolation 2	Sumaya	3E	87
Consolation 3	Keerthika	3A	86
Consolation 4	Noshitha	3A	85
Consolation 5	Akshika Reddy	3C	84



Grade-4

Position	Student Name	Section	Marks
1st	T. Shirly Alina	4B	109
2nd	R. Jashwanth Nikhil	4E	105
3rd	K. Varenaya	4B	100
Consolation 1	Dyuthishree Leddy	4D	97
Consolation 2	Jithin	4E	86
Consolation 3	N. Dhriti	4B	86
Consolation 4	N. Suhas Rao	4F	83
Consolation 5	Harshali	4C	74



Grade-5

Position	Student Name	Section	Marks
1st	R. Monish	5C	108
2nd	S. Pawan Vishnav	5D	107
3rd	P. Vihaan	5B	104
Consolation 1	A. Kundan	5D	103
Consolation 2	Sashreek	5D	102
Consolation 3	K. Lakshmi Devansh	5C	101
Consolation 4	M. Samyuktha	5A	97
Consolation 5	Bhanu Mahendra	5C	97



Grade-6

Position	Student Name	Section	Marks
1st	A. Viswant Vardhan	6E	107
2nd	Ch. Monisha	6B	107
3rd	Ch. Sudeep	6G	106
Consolation 1	Mokshagna	6A	105
Consolation 2	B. Geethank	6D	106
Consolation 3	Adi Daiwik	6A	105
Consolation 4	D. Abhay Charan	6C	104
Consolation 5	D. Gopa Sri	6B	104



LANGUAGE WEEK ACTIVITIES

DAY 1- CCA



GRADE 1

CCA-Sing a rhyme of your choice



GRADE 2

ఏకపాత్రా భినయం / एकल अभिनय



Grade 3-

Story telling using puppets



GRADE -4

సాంప్రదాయ చిరుతిళ్లు



Grade 5: Janapada kalam

LANGUAGE WEEK ACTIVITIES

DAY 1- CCA



Grade 7 : అంతరించిపోతున్న జానపద కళలు



Grade 6: అంతరించిపోతున్న జానపద కళలు



Grade 8: అంతరించిపోతున్న జానపద కళలు



Grade 9: అంతరించిపోతున్న జానపద కళలు



Grade 10: అంతరించిపోతున్న జానపద కళలు

LANGUAGE WEEK ACTIVITIES



Grade-1 (Day 2)
Hindi Activity- चित्र देखो - अक्षर बोलो



Grade-2 (Day 2)
Hindi Activity - बालगीत



Grade-3 (Day -2)
Hindi Activity - मनपसंद खेल



Grade 5 : Hindi Activity
Story telling.



Grade - 4 (Day 2)
Hindi Activity: एक छोटी सी कहानी

LANGUAGE WEEK ACTIVITIES



Grade 1 Day 3
Telugu Activity-Clayతో మీకు
నచ్చిన అక్షరాన్ని చేయడం

Grade 2 (Day 3)
Telugu Activity : మా కుటుంబం



Grade 4 (Day - 3)
Telugu Activity : ఆత్మకథ



Grade 3 (Day - 3)
Telugu activity -slokalu

School ASSEMBLIES



Grade 3D
Theme : Reading is a super power



Grade 2C
Theme: Behind every uniform

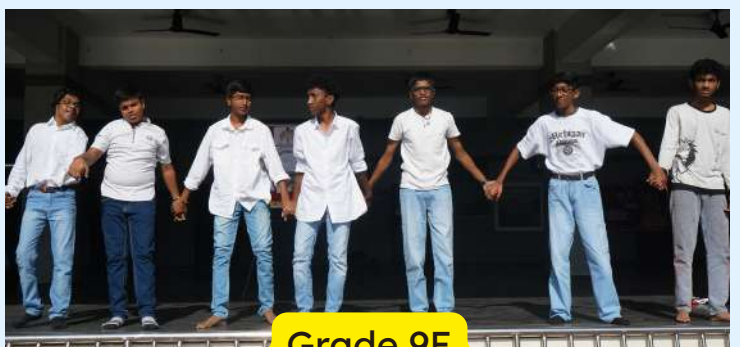


GRADE 3C
THEME : SPREAD POSITIVITY AROUND

School ASSEMBLIES



Grade 6E
Theme: Language assembly(Telugu)



Grade 6F
Theme: Stop Procrastinating

Grade 9E
Theme: Sportsmanship

School ASSEMBLIES



Grade 9F
Theme: Language week (HINDI)



Grade 4D
Theme: Savitribai Phule



Grade 9C
Theme: Impact of Social Media on Teenagers

Learning by Doing



Grade 8 Biology Activity
Number of particular organisms
at a given space and time



Grade 8: Biology activity :
Different organisms in a Habitat



Grade-6: Social Seminar
Topic: LEVELS OF GOVERNMENT &
ORGANS OF THE GOVERNMENT



Grade 6 : Social Activity
Topic - Report writing on Role of
Government , for the case study Covid -19

Learning by Doing



Grade 2 - Hindi गतिविधि
उ, ऊ, ऋ मात्रा , वस्तु- मात्रा - शब्द



Grade 3 - Hindi गतिविधि
उ, और ऊ मात्रा में अंतर



Grade : 2
Hands-on Multiplication



Grade 2 - EVS activity
Plants around us



Grade 2
EVS activity: Air around us

Learning by Doing



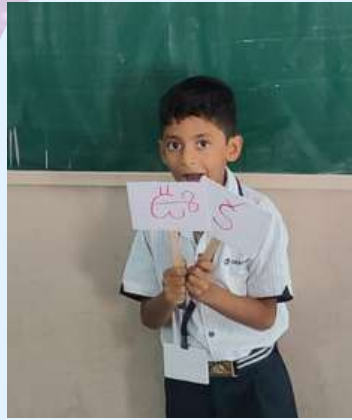
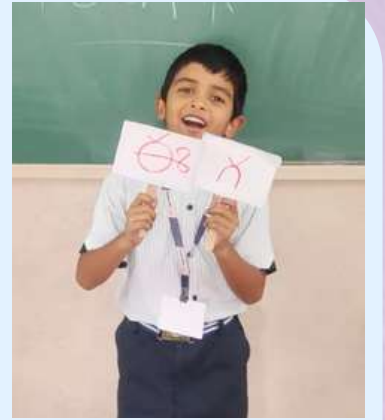
Grade: 2 Telugu activity
గుడి, గుడి దీర్ఘం పదాలు



Grade - 3 Math activity
Kinesthetic Learning - Tick tock challenge

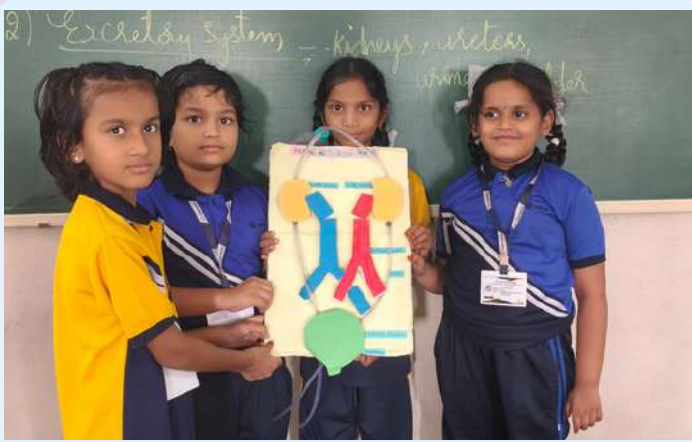


Grade 2 దీర్ఘంతో పదాలు



Grade: 1
సరళ పదాలు చదవడం (SEA)

Learning by Doing



Grade 3- Science Experiential learning
Different organ systems

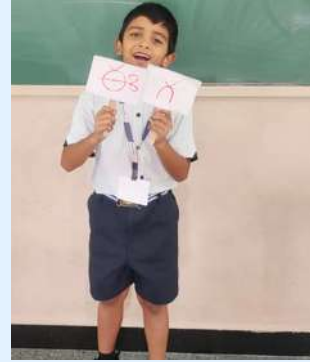
Grade 4 - Science Experiential learning
Solute, solvent & Solution (sugar & salt)



Grade 3 : Hindi गतिविधि
उ, और ऊ मात्रा में अंतर

Grade-2 Hindi गतिविधि
वस्तु - मात्रा - शब्द

Learning by Doing



Grade: 2 Telugu Activity
దీర్ఘ తో పదాలు

Grade 1 Telugu Activity
సరళ పదాలు చదవడం (SEA)

GRADE 4

CCA

GRADE 5

ACTIVITY: HURDLE RACE
CLUB: SPORTS & GAMES



ACTIVITY: BHARAT VANDANA
CLUB: CULTURAL



Health and Wellness Club Activities



Grade 1
Balanced Diet and Nutrition.



Grade 3
Make a balanced healthy tiffin.



Grade 2
**Hygiene and prevention of illness
through hand wash Activity.**



Grade 4
Healthy choices save wealth.



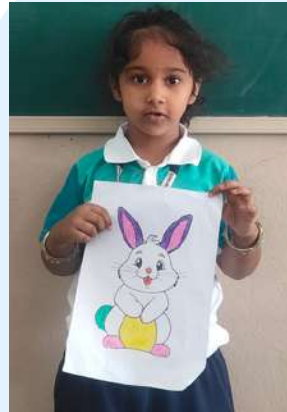
Grade 5
My 7days - wellness activity plan.

Kids Castle



The Pre-Primary children celebrated Janmashtami on 2nd September with great joy and enthusiasm. Dressed as little Krishnas and Radhas, they brought the festive spirit alive through shlokas, a skit, dances, and a colourful Dashavatar fancy-dress presentation. Their confident performances made the celebration truly beautiful and memorable.

Kids Castle



Nursery - V Letter Activity
Lady's Finger Printing

PP2
Show and tell activity



PP1 & PP2
Clay moulding (Ganesh idol) activity

Kids Castle



PP2 CCA
Nature art



PP 1 CCA - Vegetable printing

Kids Castle



Nursery: Ganesh chaturthi activity

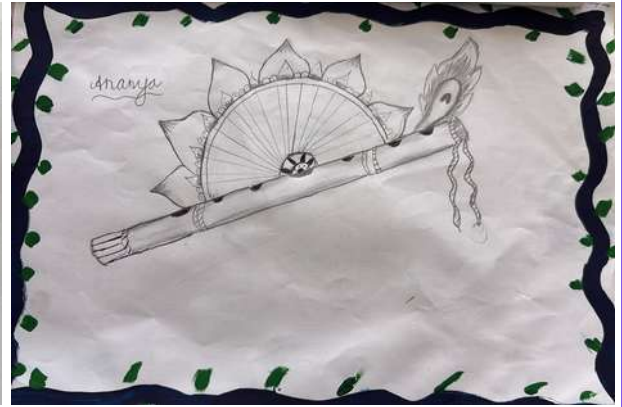
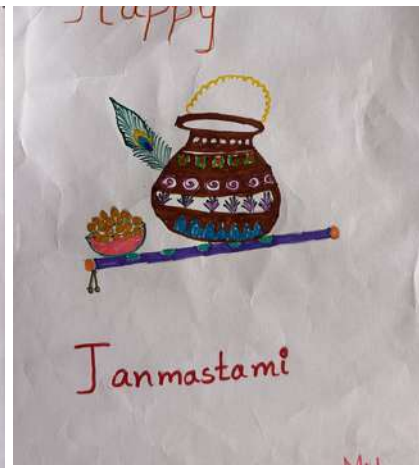
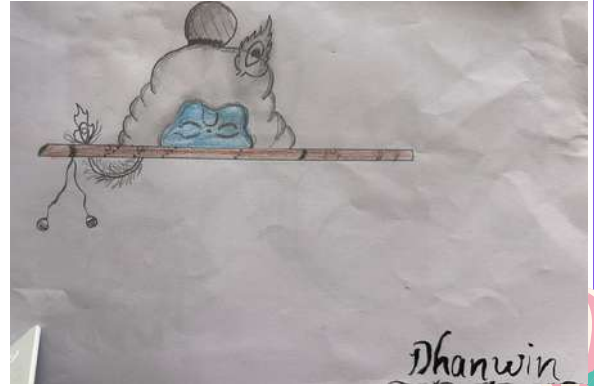


Nursery CCA- Colouring

THEMATIC ART



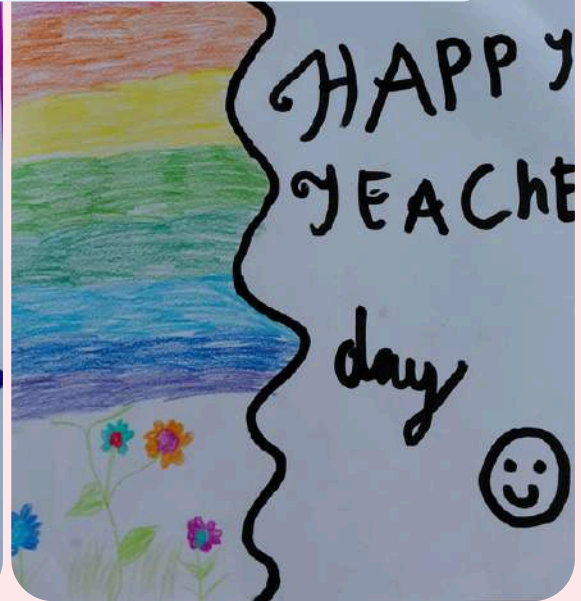
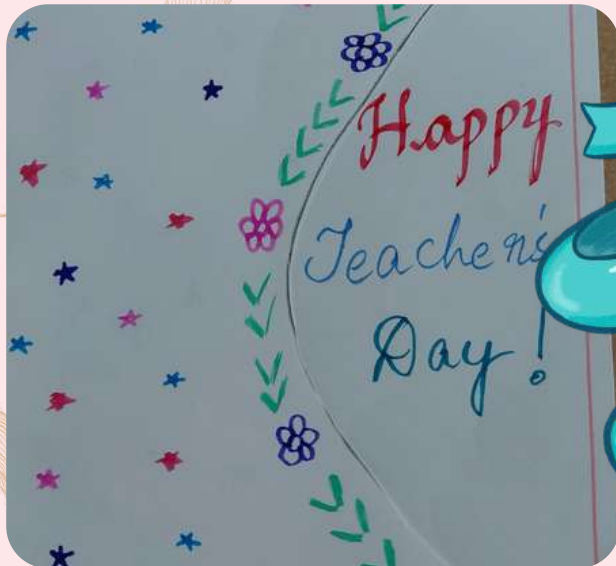
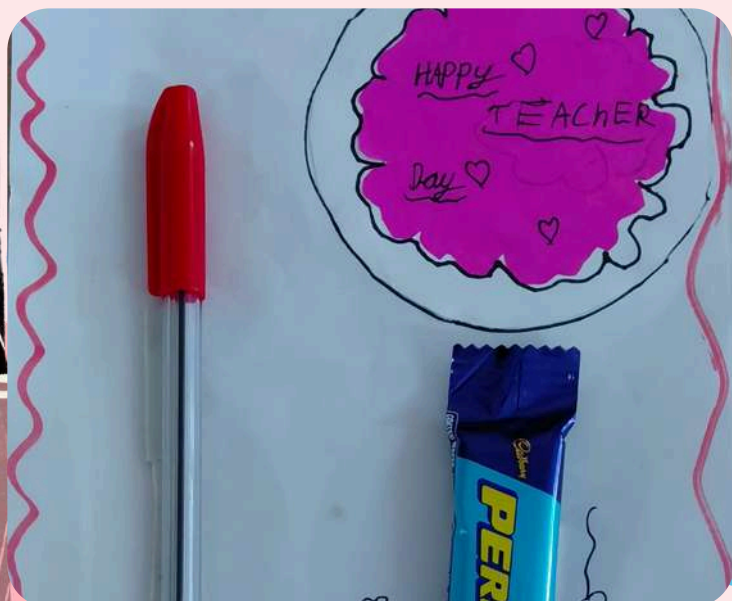
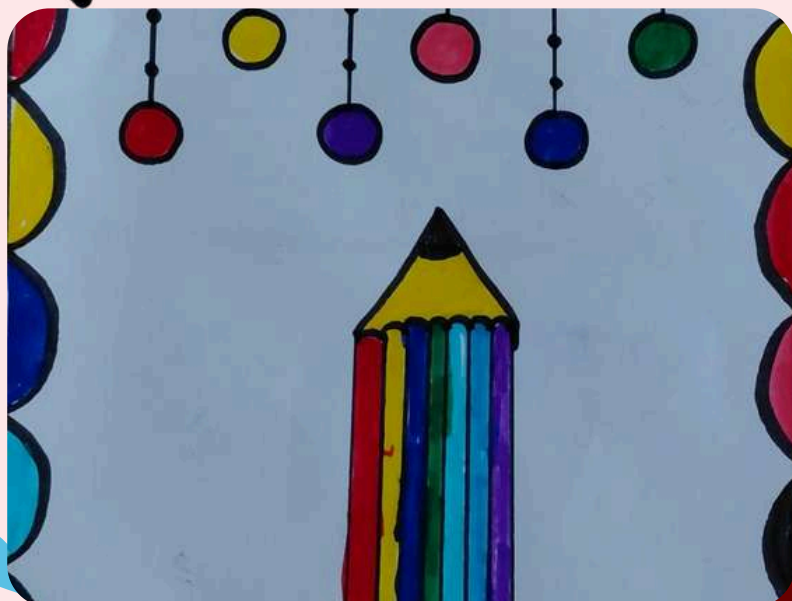
Grade 1D Art work
Theme:



THEMATIC ART



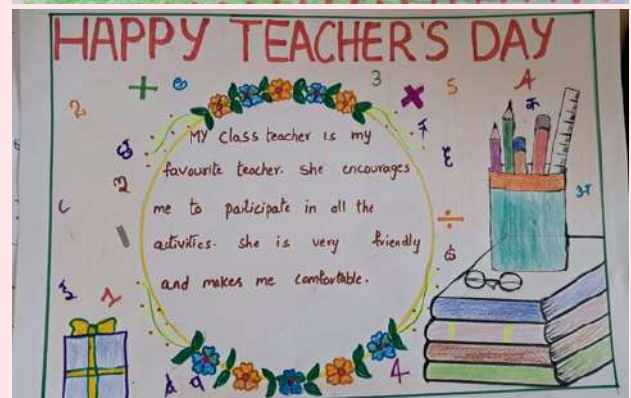
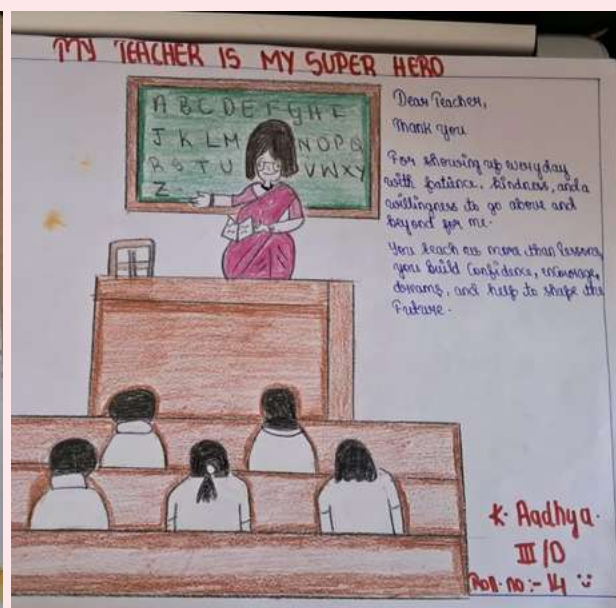
Grade 2D Art work
Theme: Teachers' Day



THEMATIC ART



Grade 3D Art work
Theme: My teacher is a super hero

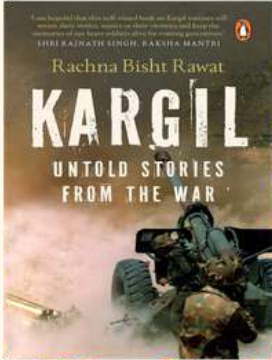




My Book Review



Book Title : Kargil, the untold stories from the war
Reviewed by : Raj Shourya VE



My favourite book is Kargil the untold story. It is a book about the Kargil war of 1999 and the brave Indian soldiers who fought to protect our country. It is written by Rachna Bisht Rawat. The book tells us about their courage, duty, hard work and sacrifices, it also helps us understand the difficulty which they served.

I like this book because it teaches me the importance of bravery, teamwork and love for our country. It reminds us to respect our soldier and value peace. It also shares individual stories based

on interviews with war survivors and their families. Reading this book makes me feel proud of India and inspire me to be a responsible citizen.

I suggest all students read this book because it is interesting, informative and teaches us valuable lessons about courage and patriotism



Book Title : The Story of Mary Jones
Reviewed by : Avisha Grace VE



My favourite book is The Story of Mary Jones. It is an inspiring story about a young Welsh girl named Mary Jones, who had a strong desire to own and read a BIBLE. Although her family was poor, Mary worked hard and saved money for many years to buy one.

Mary walked long distance to meet Reverend Thomas Charles and buy the BIBLE, she has dreamed of having. Her Determination and love for reading touched him deeply. Her story later inspired the formation of the British and Foreign BIBLE Society.

I love this book because Mary teaches us the importance of determination, faith, patience, hard work and the love for learning. Her story shows us how a young girl can make a big difference through courage and determination.

Main message from the book is:

"Never give up on your dreams. With determination and hard work, even difficult goals can become possible."





Poetry Corner



The Hands That Shape Our Dreams

*Across the seas, a pirate sails,
With dreams as vast as ocean waves.
They find the Gacha, hoping to see
A fruit of power, wild and free.
They roll and wait, with hearts that race,
And cheer when fortune shows its face.
A new adventure, a brand-new start,
A power to fuel their heart.*

*Through every island, they train and fight,
With swords that clash and powers bright.
Then comes the Magnet Event,
strange yet grand,
Summoning treasures across the land.
With magnets pulling, they race and roam,
Searching for rewards to claim as their own.
They fight, collect, and never give in,
For every challenge is theirs to win.*

*The hands that play, the players who fight,
Shape their world each day and night.
With friends beside them, true and strong,
They build a world where they belong.
Through every sword and every quest,
They play, they learn, and give their best.
For every player leaves a mark,
As each one ignites a spark.*

BY SHAIK MUHAMMED RAAHIL AYAAN X'F



The Hands That Shape Our Dreams

*Hands that plant a tiny seed,
Hands that help the world to feed,
Hands that build and hands that mend,
Hands that stand beside a friend.
Hands that write and hands that teach,
Hands that reach what seems out of reach.*

*Some hands are rough from years of toil,
Some gently care for earth and soil.
Some hold a pen, some hold a tool,
Some guide the young and teach in school.
Hands that paint the dreams we see,
And turn imagination into reality.*

*No matter how small or strong they seem,
Every hand can shape a dream.
For every change, both great and small,
Begins with hands that give their all.
So let our hands create, not break,
Let them give more than they take.
For behind every brighter day
Are hands that shaped the world that way.*

BY SHOURYAMANI X'F



INDIA'S NUCLEAR POWER MILESTONE

India has achieved a major milestone in nuclear science with the successful first criticality of its indigenous 500 MWe Prototype Fast Breeder Reactor (PFBR) at Kalpakkam, Tamil Nadu, on 6 April 2026. Developed by the Indira Gandhi Centre for Atomic Research and built by BHAVINI, the reactor uses uranium-plutonium mixed-oxide fuel and liquid sodium as a coolant.

Unlike conventional reactors, a fast breeder reactor is designed to produce more fissile fuel than it consumes, helping improve fuel utilisation. This achievement marks India's entry into the second stage of its three-stage nuclear power programme and brings the country closer to the future use of its abundant thorium resources. The PFBR represents decades of Indian research, engineering, and technological innovation.

By Tushaant Vakkala UIIE



A Mystery at the Edge of Our Solar System



Scientists have made a discovery at the edge of our Solar System. Using NASA's James Webb Space Telescope and Hubble Space Telescope, researchers discovered 27 previously unknown Trans-Neptunian Objects (TNOs). These are small, faint bodies that orbit the Sun beyond Neptune. Some are less than 40 kilometres wide, with the smallest measuring about 10 kilometres across. Scientists found fewer small TNOs than some models predicted, while their colours suggest that many have changed very little since the early Solar System. Studying these distant objects may help scientists understand how the building blocks of planets formed billions of years ago. The discovery provides valuable clues about the early history of our cosmic neighbourhood and shows how space telescopes can reveal worlds.

By N. Saanvi UIIE





Voice of INSPIRATION



My father has always been more than a parent to me. Through his words, actions and experiences, he teaches me important lessons about life. In this conversation, he shares memories of his childhood and explains how we can become better, wiser and more responsible people.

-By Piduri Sai Krishna Srimayee VIII C

I: Hi, Dad. What is one childhood memory that you still cherish?

Dad: I remember spending time with my friends and family. We played outdoor games, visited relatives and enjoyed simple moments together. Those experiences taught me that happiness does not always depend on expensive things.

I: What was your childhood like without today's technology?

Dad: Life was simpler. We did not have smartphones, social media or many modern gadgets. We spent more time talking to people, playing outside and discovering things on our own. I believe those experiences helped us become patient and creative.

I: What important value did your parents teach you?

Dad: They taught me honesty, discipline, respect and responsibility. They always reminded me that our actions should reflect our character, even when nobody is watching.

I: What lesson from your teachers has stayed with you?

Dad: They taught me to work hard, be punctual and never give up when something seems difficult. I still follow these lessons in my life.

I: What advice would you give children of my generation?

Dad: Use technology wisely, respect your parents and teachers, stay curious and keep learning. Do not compare yourself with others. Instead, work on becoming a better version of yourself every single day.

I: Thank you, Dad. Your words inspire me to learn, improve and face challenges with confidence.

Dad: You are welcome, Srimayee. Always remember that true success in life comes from good values, sincere effort, courage and kindness towards others always.



Echoes of Joy

A Celebration to Remember



GANESH CHATURTHI TRADITIONS, VALUES AND LIFE LESSONS

Ganesh Chaturthi is one of the most joyful festivals celebrated in India. It is dedicated to Lord Ganesha, who is worshipped as the deity of wisdom, knowledge, prosperity, and new beginnings. The festival is celebrated with great devotion and enthusiasm by people of all ages.



I enjoyed seeing the beautifully decorated idols of Lord Ganesha being welcomed into homes and public places with prayers, flowers, music, and traditional rituals. Families and friends came together to seek his blessings for happiness, success, and the removal of obstacles. Offering delicious modaks, believed to be Lord Ganesha's favourite sweet, was another special part of the celebration.

However, Ganesh Chaturthi made me realise that it is much more than a festive celebration. Lord Ganesha teaches us important values such as wisdom, patience, humility, and courage. His large ears remind us to listen carefully, while his small eyes encourage us to concentrate on what truly matters. His broken tusk reminds us that meaningful achievements may sometimes require sacrifice.

The Ganesh Visarjan was an emotional part of the festival. Although saying goodbye to Lord Ganesha felt sad, it taught me an important lesson about accepting change and understanding that nothing in life is permanent.

I also realised that celebrating festivals responsibly is important. Using eco-friendly clay idols and avoiding unnecessary pollution can help protect nature while allowing us to enjoy our traditions. For me, Ganesh Chaturthi was not simply a religious celebration but an experience filled with faith, happiness, togetherness, and hope. It reminded me that with wisdom, determination, and a positive attitude, we can overcome obstacles and confidently begin new chapters in life.





MY SCIENCE DISCOVERY

Hands-on
with Family

By Nishika - 4E

Balloon Powered CAR Powered by Air, Driven by Science!

Aim

To make a car that moves using air from a balloon and learn about force and motion.



Materials Required

- Plastic bottle, Tape
- Flexible straw - 2
- Bottle Caps - 4, A Balloon
- Wooden Sticks - 2

Step - 1



Use a plastic bottle as the car body.

Step - 2



Make holes in the bottle caps and attach them to the sticks

Step - 3



Attach the flexible straw to the balloon using tape.

Step - 4



Fix the straw to the car, pointing backward.

Step - 5



Inflate the balloon, then let it go!



Observation

When the balloon is released, the car moves forward

Science Behind It

- The air rushes out of the balloon backward, creating a force called thrust. This pushes the car forward in the opposite direction.
- This is an example of Newton's Third Law of Motion: For every action, there is an equal and opposite reaction

My Learning & Conclusion

- I learned that air can produce a force that makes an object move.
- By changing the balloon size or the car design, we can make the car travel farther.
- My family and I had fun building and experimenting together!



THE CLUB CHRONICLE

OUR PATH TO A HEALTHY LIFE

HEALTHY MIND, HEALTHY BODY

“A healthy mind lives in a healthy body.” With this motto, our school has started a Health and Wellness Club to promote the holistic development of every child.

The club aims to create awareness about physical, mental, emotional, and social health. Physical fitness is encouraged through yoga, drills, outdoor games, and fitness challenges.

The club also organises hygiene campaigns, cleanliness drives, nutrition awareness programmes, first-aid training, and health camps, including eye and dental check-ups and BMI screening.

Mental wellness is given equal importance. Meditation and mindfulness sessions help students improve concentration, remain calm, and manage stress. Regular counselling sessions provide support for understanding and handling emotions in a healthy way.



BUILDING HEALTHY HABITS AND POSITIVE WELL-BEING

The club also encourages healthy daily habits, such as drinking enough water, eating balanced and nutritious food, avoiding excessive junk food, getting adequate sleep, maintaining personal hygiene, and limiting screen time.

Social wellness is promoted through kindness, teamwork, cooperation, and positive friendships, helping students develop confidence and emotional well-being. The Health and Wellness Club reminds us that health is essential for successful learning and a happy life. When schools and parents work together, they can help children grow into healthy, confident, responsible, and resilient individuals ready to face the future.

Students' Reflection

A Day in a Teacher's Shoes

Teachers' Day gave me an experience I will cherish for a long time. Stepping into the shoes of a teacher and teaching Class 8'C was exciting, yet unexpectedly challenging. For a brief while, I experienced school from a completely different perspective, not as a student, but as the person standing before the class.

I realised that teaching is much more than explaining a lesson. It involves holding students' attention, answering questions, managing the classroom, and making everyone feel involved. What seemed simple from a student's perspective suddenly felt like a responsibility requiring patience, confidence, and presence of mind.

The interaction with Class 8C was lively and enjoyable. Their questions and responses helped me understand that every student thinks and learns differently. This experience made me appreciate the patience, preparation, and dedication behind every lesson. I walked away with a deeper respect for my teachers and a valuable lesson: to teach is to inspire, guide, and make a difference.

By Kundanika Nandina XC



Celebrating Our Guiding Lights

Teachers' Day was celebrated in our school with great enthusiasm and happiness. It was a wonderful opportunity for students to express their respect, gratitude, and love for our teachers. The celebration included many exciting and meaningful programs. Students presented energetic dance performances, a thought-provoking drama, a graceful classical dance, and inspiring speeches dedicated to teachers.

The drama beautifully showcased the dedication and sacrifices made by teachers. The dance and classical dance performances added joy and cultural richness to the event, making the celebration memorable for everyone.

Through this celebration, I learned that teachers play a vital role in shaping our future. Their support, knowledge, and motivation help us achieve our goals and become better human beings. I would like to express my sincere thanks to our respected Principal and all the teachers for their constant support, encouragement, and guidance in making the Teacher's Day celebration a grand success. Their efforts, cooperation, and dedication helped us organize and perform all the activities smoothly.

We are grateful for the opportunities they provided us to showcase our talents and celebrate this special day.

"A teacher takes a hand, opens a mind, and touches a heart."

By Pragna sree 6E



Parents' Reflection

A Journey Beyond Academics

Learning, Growing and Becoming a Better Individual..

Watching Sai Kinshuk grow through his years at Genesis School has been a wonderful experience for us as parents. His journey has been filled with learning, new experiences and opportunities that have helped shape his personality.

We are especially thankful for the way the school encourages students to learn with curiosity, participate actively and discover their strengths. Along with academics, Kinshuk has developed discipline, responsibility, creativity and the confidence to express himself.

The encouragement and support of his teachers have played an important role in helping him face challenges and believe in his abilities. We truly appreciate their dedication and personal care towards every child.

Genesis School has become an important part of Kinshuk's growing years. We are proud of the person he is becoming and grateful to the entire school community for providing such a positive and inspiring environment.

– Proud Parents of Sai Kinshuk VIIA



Where Children Grow with Confidence

As parents, we feel happy and grateful to see our son, Rahul, growing and learning at Genesis School. He has been studying here from LKG to Grade 7, and we have witnessed wonderful development in his academics, discipline, confidence, and personality.

We appreciate the school's approach of giving equal importance to education, values, discipline, and character building. The management and teachers recognise each child's abilities and encourage them in the right direction. Through CCA activities, art competitions, games, sports, and various opportunities, children are encouraged to discover and develop their talents.

We are especially happy with the way the school encourages students to respect others, take responsibility, help others, and become good human beings. The guidance and support Rahul has received have helped him become more confident and responsible.

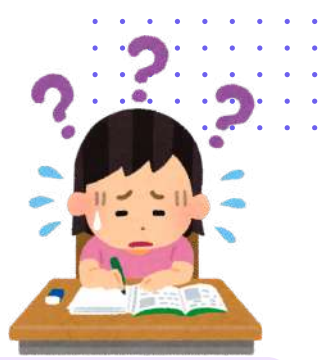
We sincerely thank the management, teachers, and staff for creating an environment and shaping children into confident, responsible, and compassionate individuals.

–Parents of M. N. Rahul VIIA



TEACHER'S TIPS

MATHS SUCCESS: PRACTICE, PREPARE, PERFORM



01

FOR STUDENTS: BEFORE THE EXAM

- Practice daily (20 minutes is enough).
- Understand concepts; don't memorise blindly.
- Make and revise your own formula sheet.
- Keep a "mistake notebook" and review errors.
- Strengthen basics like tables and algebra rules.

02

FOR STUDENTS: IN THE EXAM HALL

- Read questions carefully before solving.
- Start with easy questions first.
- Write neatly and show all steps.
- Check signs, units, and all parts of answers.
- Skip difficult questions and return later.
- Never leave blanks—write formulas or steps.



03

FOR PARENTS: HOW TO HELP

- Avoid last-minute pressure; encourage effort.
- Revise together by asking the child to explain.
- Check exam materials beforehand.
- Ensure proper sleep and a healthy breakfast.

04

GOLDEN RULE

Stay positive—maths is about solving, not judging intelligence.



Mrs. T Bhargavi
Math Department

Success begins when you unlock the potential within you.

ON THE HORIZON

01

10th Oct to 21st Oct 2026
Dussehra vacation

02

22th Oct 2026
School Reopens

03

27th Oct 2026
Assembly by 2D - "The Truth Always Wins"

04

27th Oct 2026
IEO Examination

05

28th Oct 2026
Assembly by 5A - "Beyond Marks – Skills for Life"

06

29th Oct 2026
Assembly by 9D - "Make in India – Swadeshi"

07

30th Oct 2026
GK test

08

31th Oct 2026
PTM



GUIDING OUR MINDS.
INSPIRING OUR HEARTS.
SHAPING OUR FUTURE.



“

A **great** teacher
can **inspire hope**,
ignite the
imagination,
and instill a **love**
of **learning**.”



Thank You! 

With sincere gratitude to our teachers, the cornerstones of our journey.



CURIOSITY



INSPIRATION



RESPECT



KNOWLEDGE



GUIDANCE